



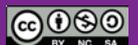
DEVIANCE
& DESIRE

Self Bondage Hog Tie



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The black rope harness shown in these pics isn't a necessary part of this hog tie, but if you want to try it you can [download the step-by-step guide here](#).

ROPE

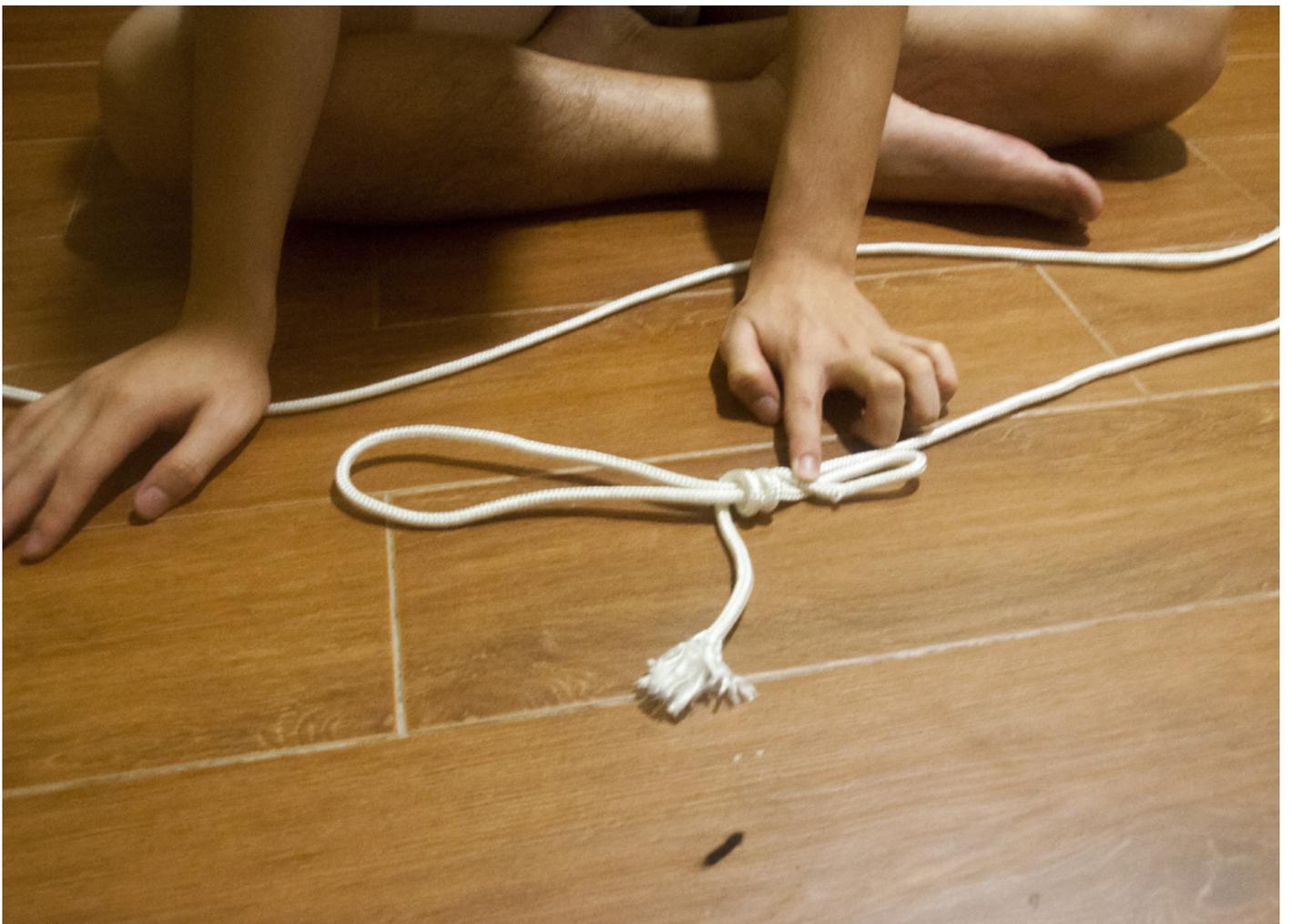
We're using two 2 meter lengths of 6mm nylon rope for this, but pretty much anything will do.



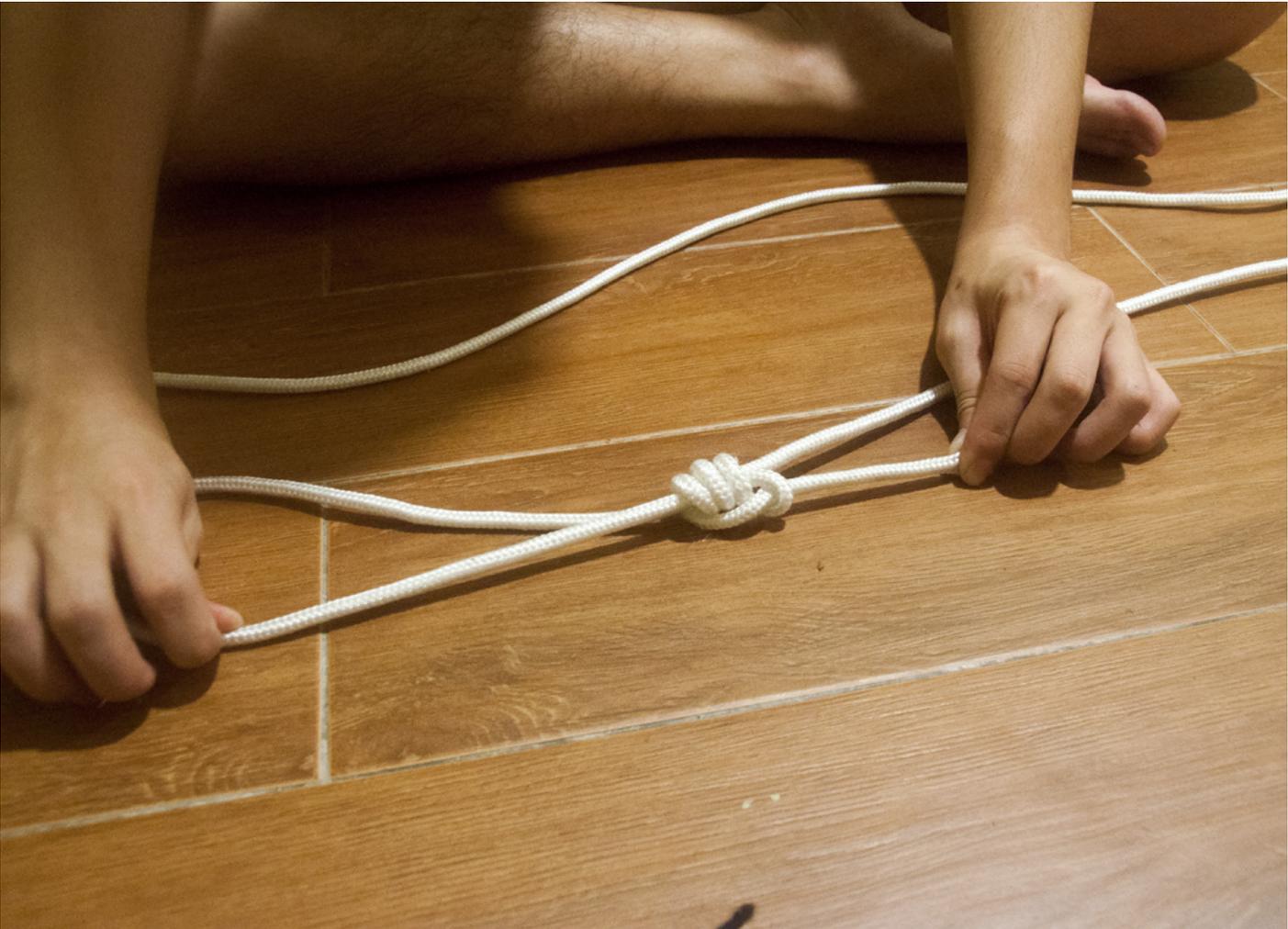


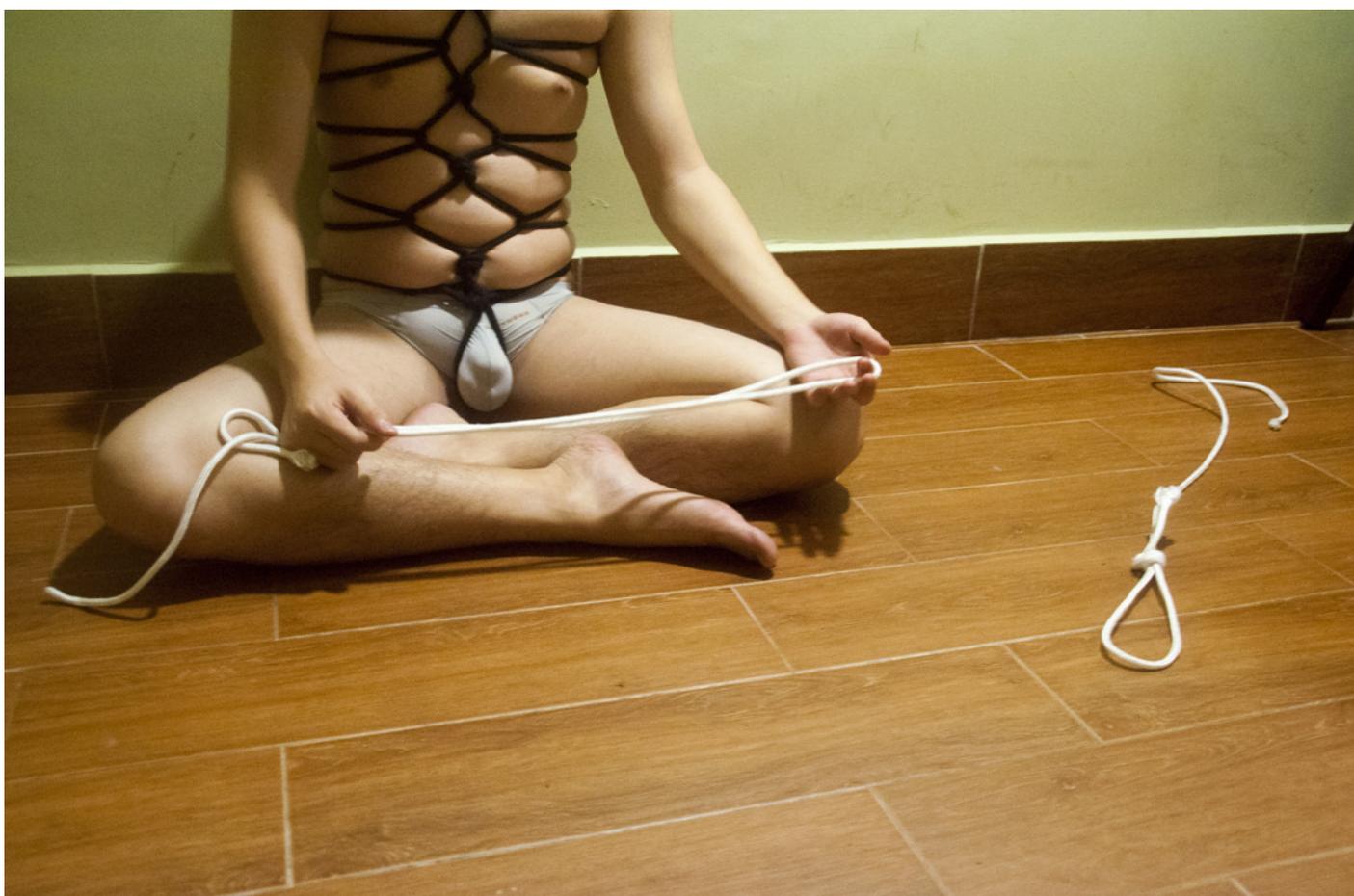
The amount of rope extending from the first twist needs to be longer than the picture above. We adjusted it below.







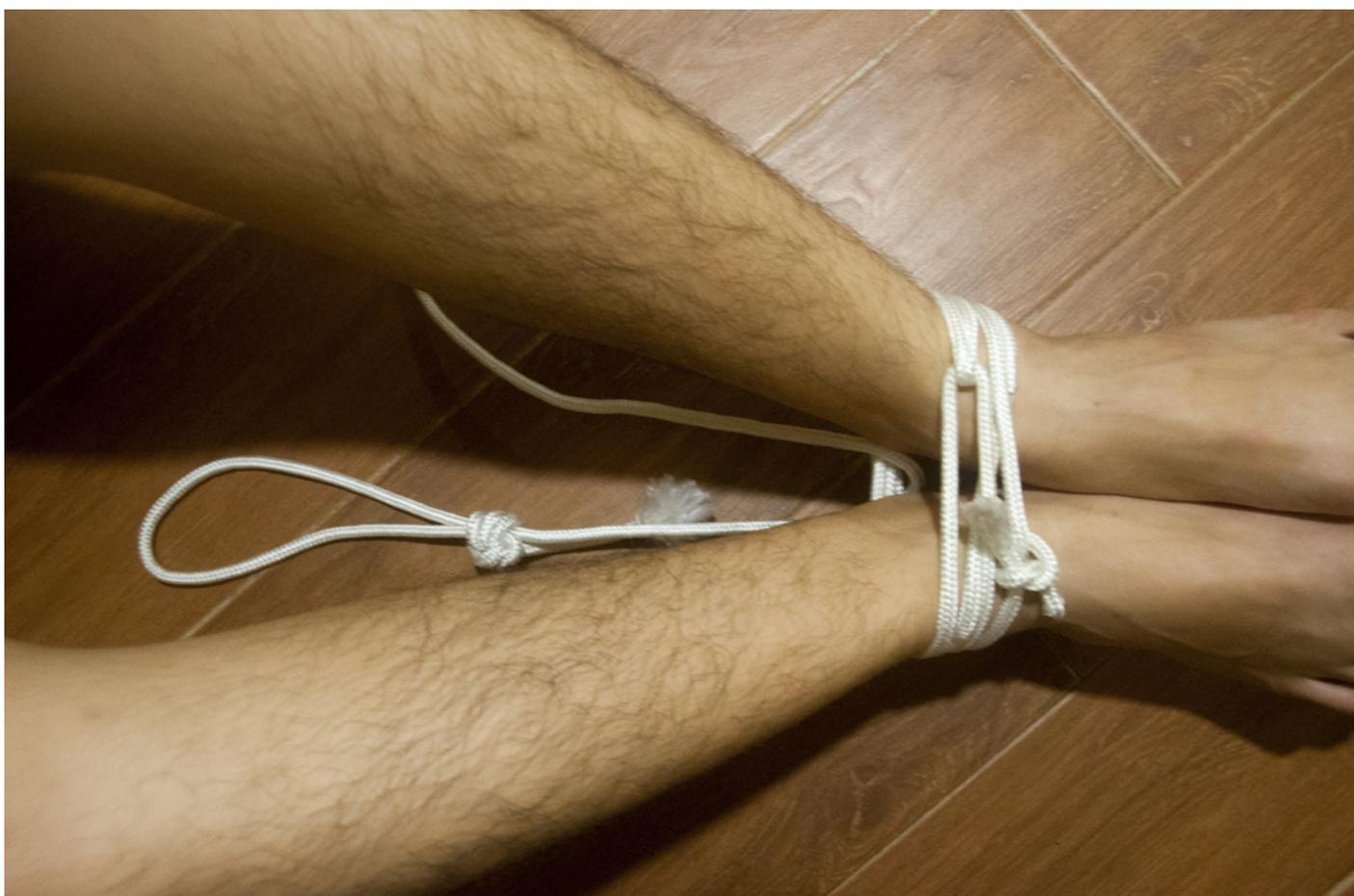




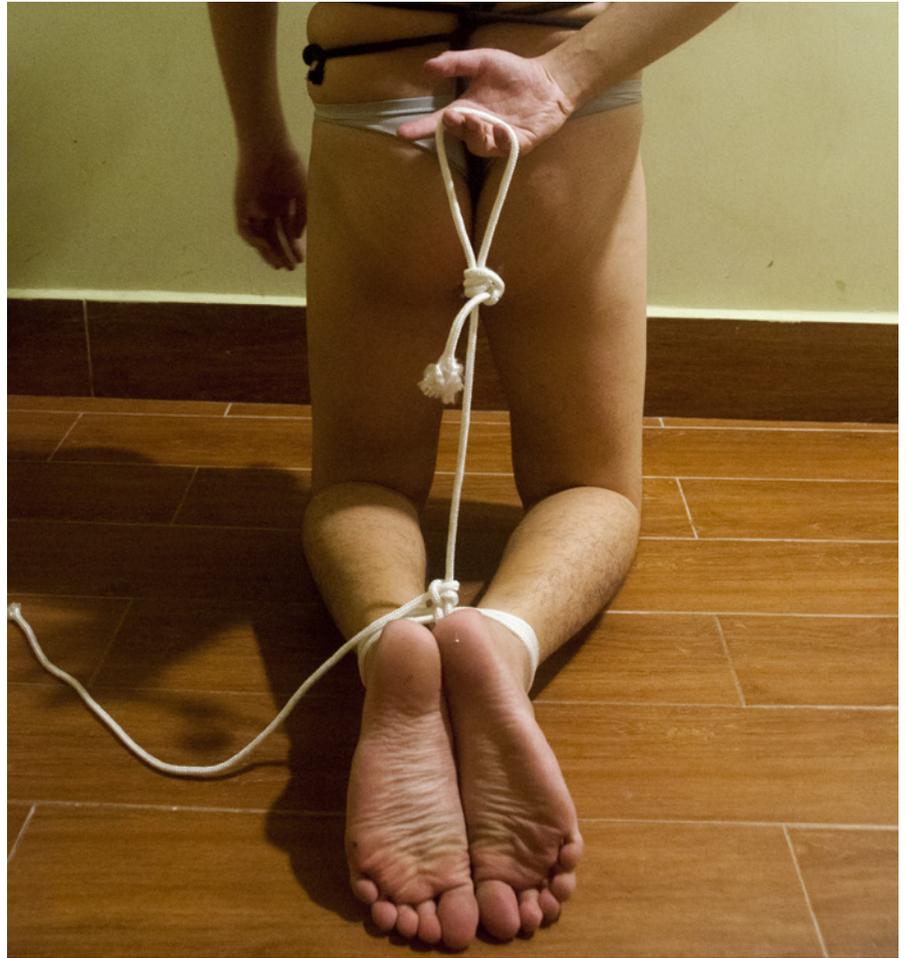




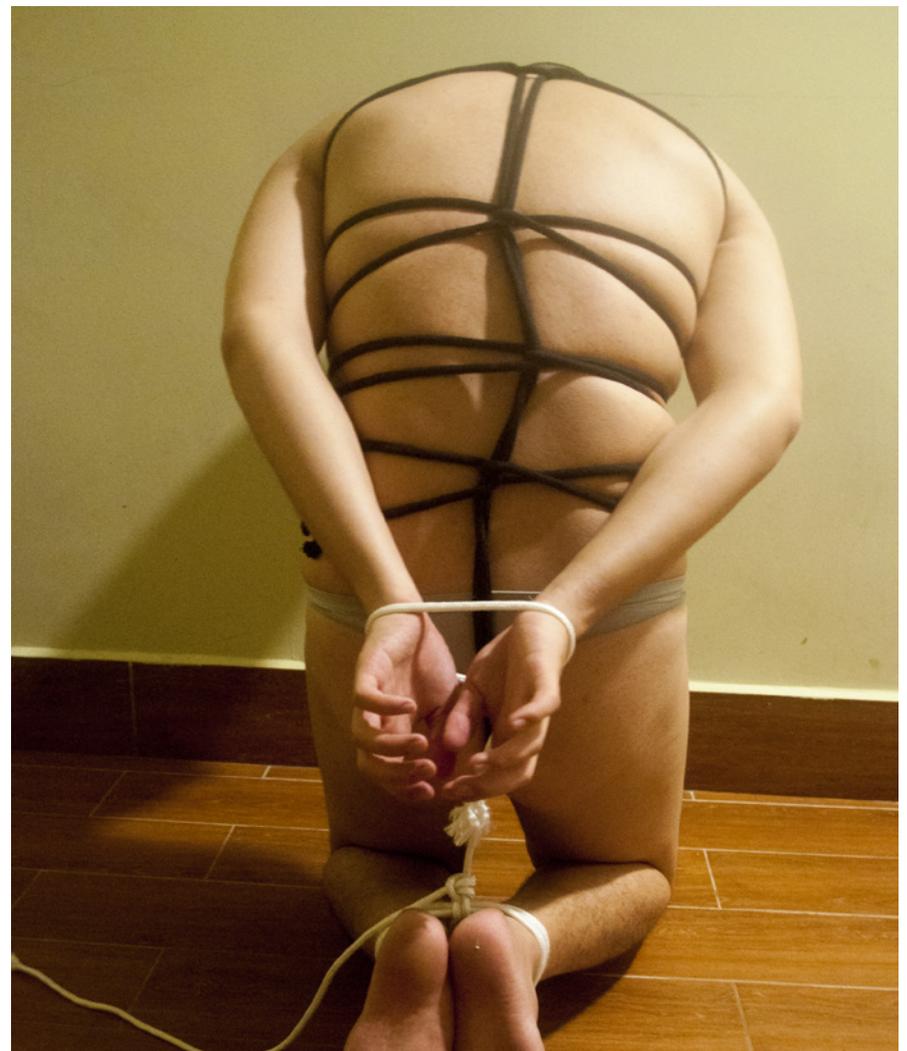
Once you've secured your feet you need to attach the looped rope you prepared earlier to the back of this tie.



You don't want the rope for the hands to be too long. The shorter it is, the tighter the hog tie will be. It's easy to adjust it at this stage by looping it between the ankles around the leg rope.



When you're ready, put your hands through the loop and the noose closed.

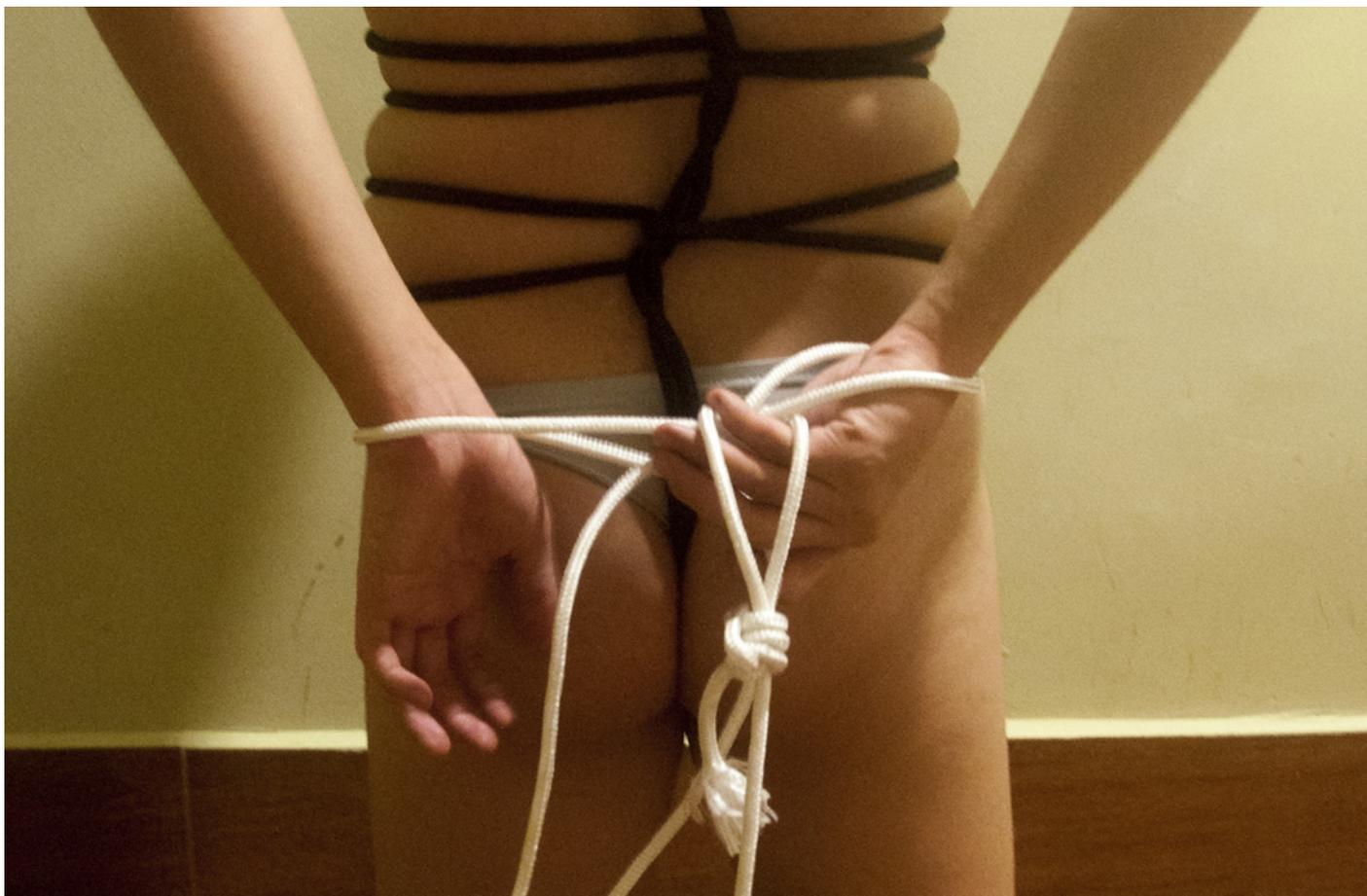




BDSM
Mental & Health

Self Bondage
Hog Tie Variation





If you'd like a more secure feeling tie on your wrists, then this variation uses a third rope. The one in the photos is 2 meters. It's a similar technique to the one shown in our step-by-step [Quick Rope Hand Bind for Harness](#) tutorial.

Tie the final rope into a loop and thread it through the noose.





Work the rope back and forth in figure-8s as many times as you can, tightening as you go. You can do this inside or outside of the noose (we've done it outside in the photos, but inside will actually give you a more secure tie). As long as one loop is inside the noose, the tie will work. When you're ready, pull the noose tight.

