Anatomy of a Basic Discipline Correctional Spanking

Distribution is key to a thorough spanking. Try to distribute them evenly over the whole of the buttocks.

- Absolutely NEVER spank above the peek of the buttocks or risk damaging kidneys and Coccyx tail bone.
- Avoid spanking genitals.
- Convex Buttocks
- Tender Sit Spots
- Upper Thighs

Remember skin lower to the buttocks risk actual damage to skin.

70-80% of spanking should be here
20-30% extra swats
10-20% not too harsh