

Self Bondage DEVIANCE Harness Hog Tie

We've published step-by-step instructions for a simple self bondage hog-tie previously. This one is more secure.

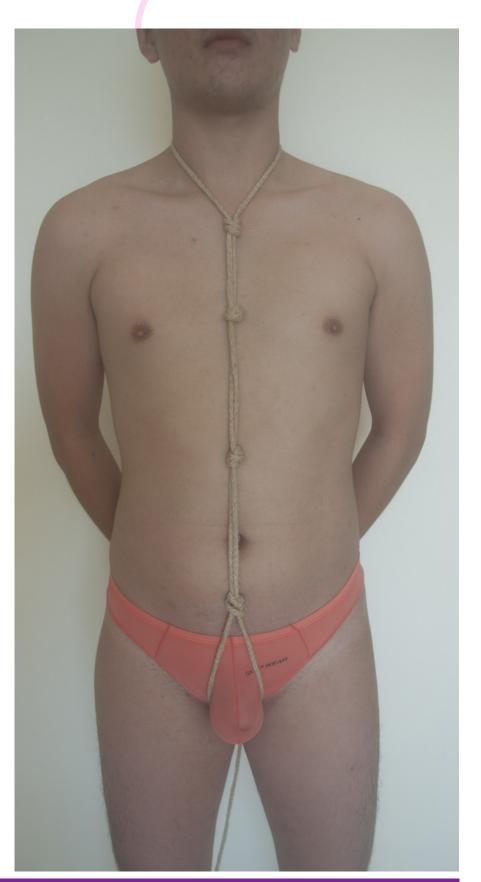
You can get out of it, and at the end of this PDFs we show pics for escaping, but while you're in it it's quite a tight little package.

Our previous hog tie did not require a rope harness, but this one does. You can download step-by-step instructions for one here.

ROPE

We've used a 9 metre (30') long, 6mm Japanese woven jute rope for the harness in these pics. It was actually slightly short for what we wanted to do, and 10 metres (33') would have been a better length. We would have liked one extra knot in the front. but the rope was too short to accomodate it.

There are 3 white cotton 6mm ropes, each 3 metres (10').



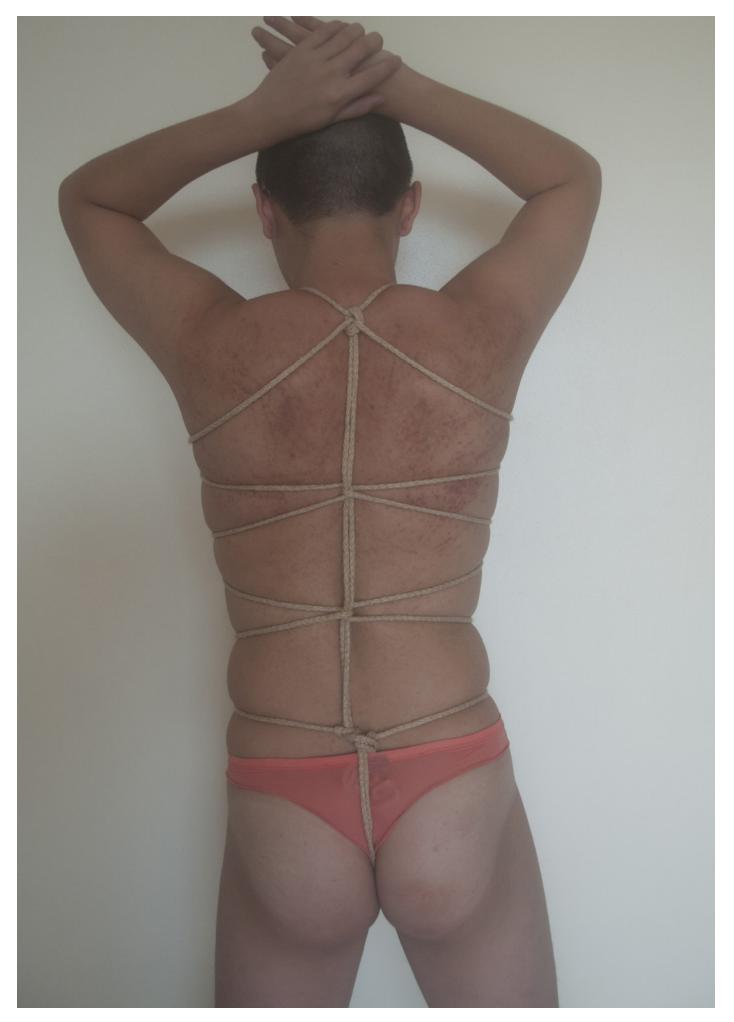


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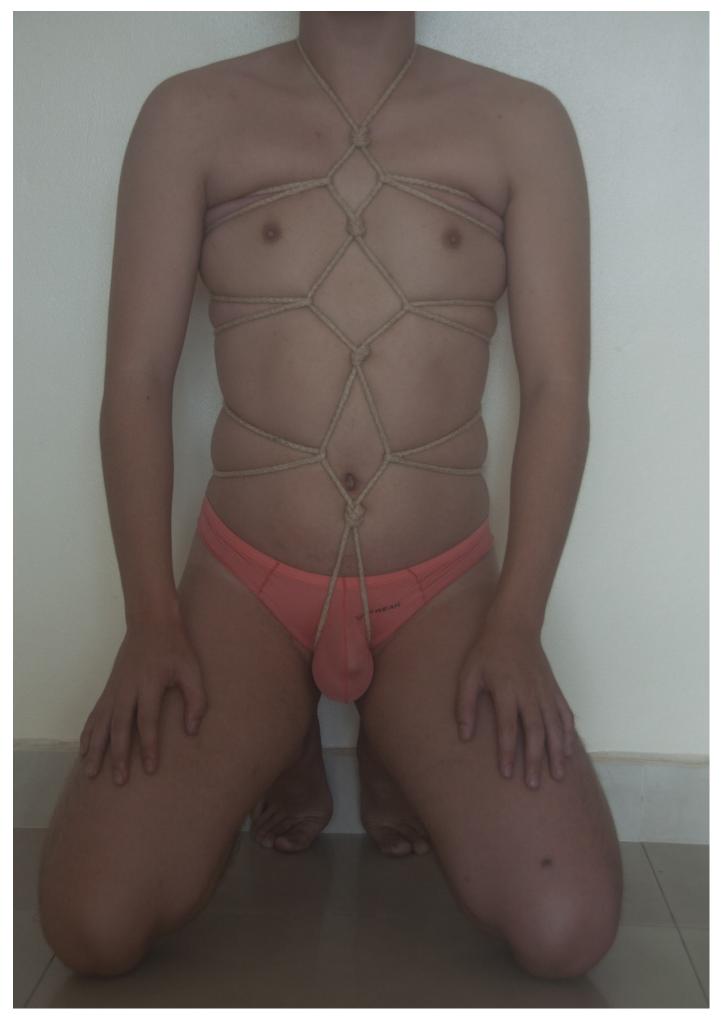
The difference between this harness and the one in our stepby-step harness PDF is that you need to put a knot in this one at the back, when you first thread the rope through.

This knot is important, because it will support the hog tie and stop the harness from putting too much pressure on the neck.





Completed at the back it will look something like this (note the knot at the top.



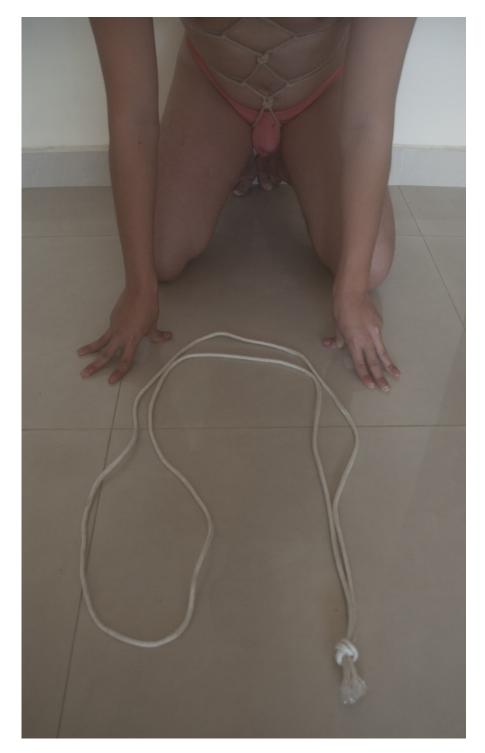
The front will look something like this.

ROPE 1

Tie the two ends to form a closed loop, then keep doubling the loop up until you've got a size that will fit your wrists nicely when in a figure 8.

You'll be getting into this behind your back and you want it to be as snug as possible.

Put this rope aside for later when you're done.







ROPE 2

This is a slip-knot, or noose. It will slide up and down so that the loop can be closed.

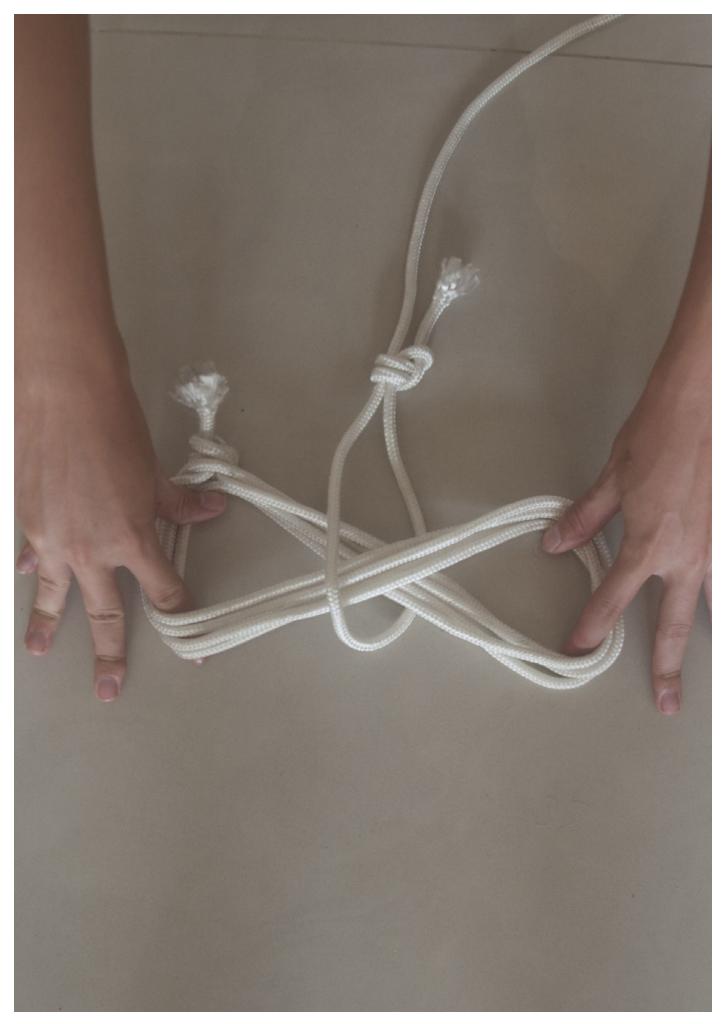












This is how rope 1 and rope 2 will fit together behind your back later.

ROPE 3

The third rope is a simple ankle bind.

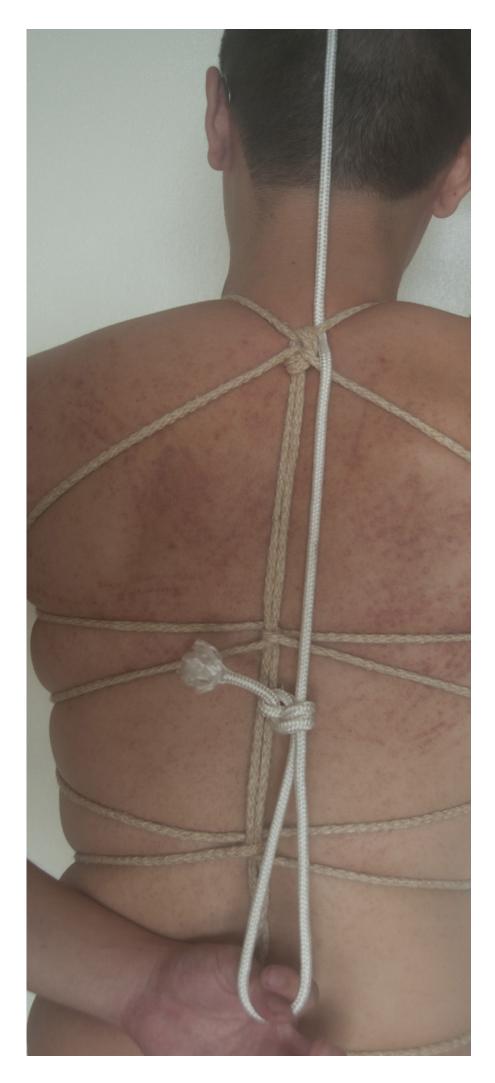


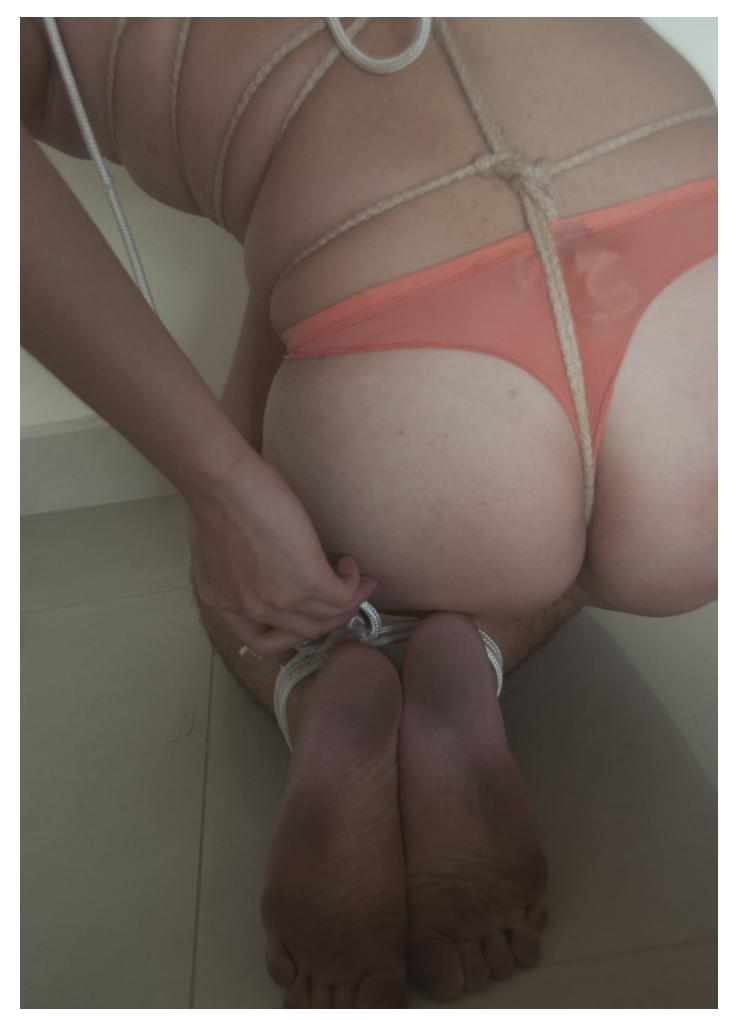




JOINING THE 3 ROPES

Start by threading the rope with the slip knot through the harness at the top, where the knot is.

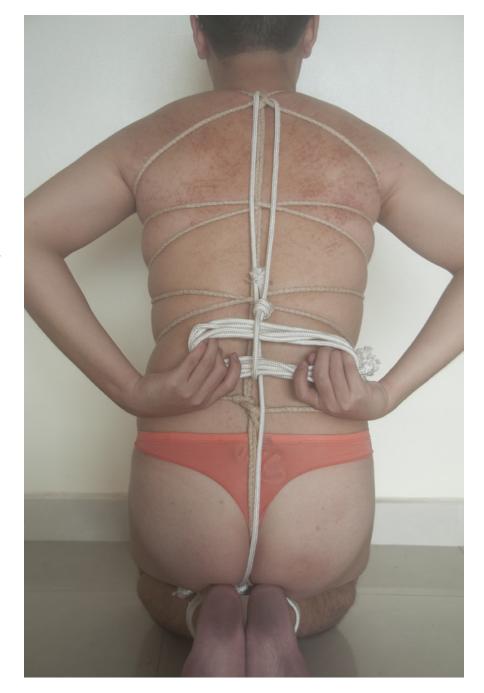


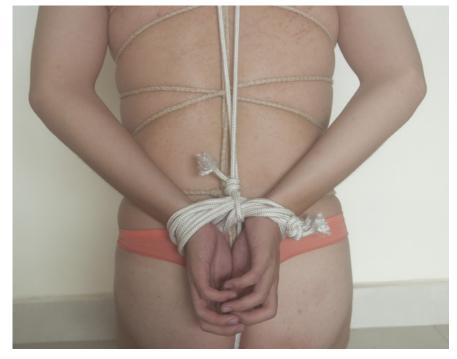


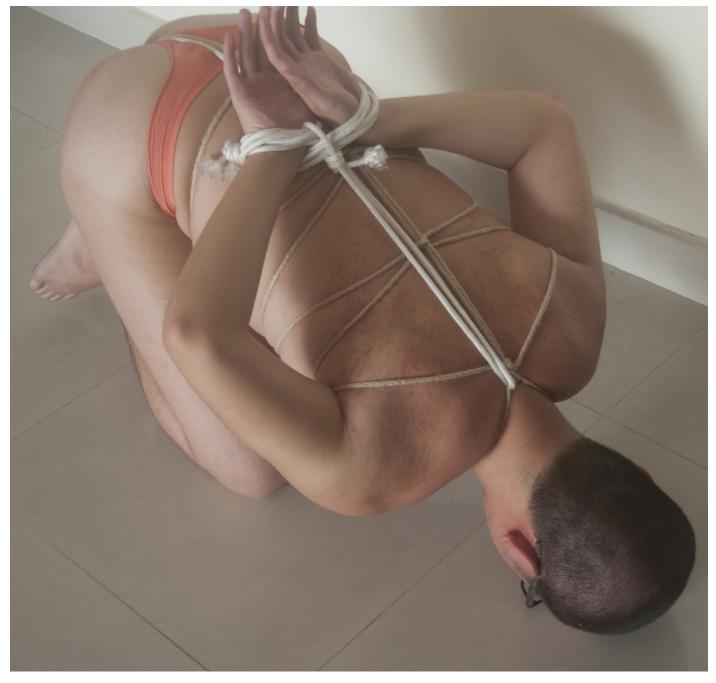
Secure the end without the loop to the ankle rope.

Bring the first rope you prepared for your hands through the loop and twist it into a figure 8.

This hog tie will work best if your hands are as high up your back as you are comfortable with, so if the loop is too low, adjust that rope by wrapping it once or twice around your ankle rope to shorten it. Your hands will be pulled upwards in the next stage, so don't make it too short.

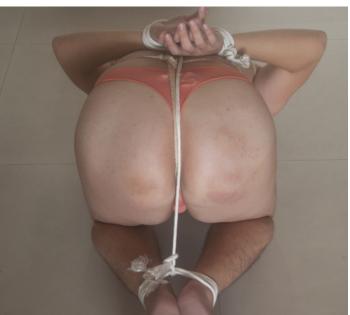






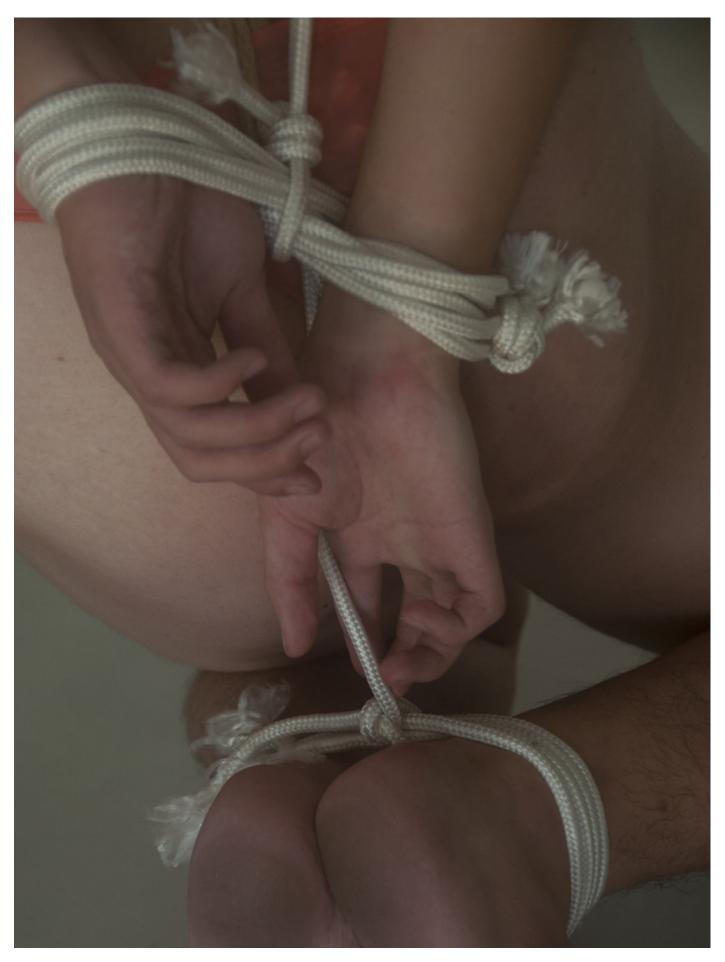
Let your body drop forward. This will tighten the noose rope and pull your hands up.

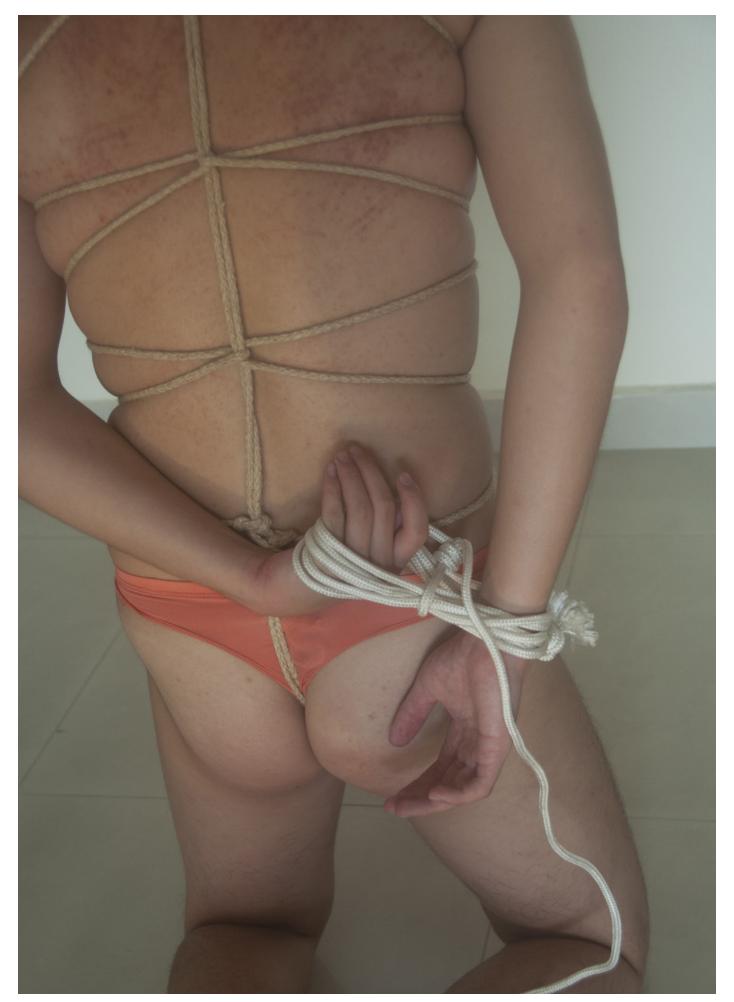




ESCAPING THE HOG TIE

To get out of this bondage you'll need to straighten your body back into a kneeling position, which can be trickier than it sounds. From there, start with the ankle rope.





Once the central noose rope is free of the ankle rope, you should have no problems getting your wrists out.